**A WARM WELCOME TO OUR** SPRING 2024 Quarterly Newsletter





# Manager's Introduction

The light nights are here now and let's also hope for lots of blue skies and sunny days which will allow us to get out and about more.

We hope you enjoy reading our newsletter as it is our great pleasure to keep you updated with what has been happening recently within and around our home.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

With excitement,

Maxine Kinnoch Home Manager



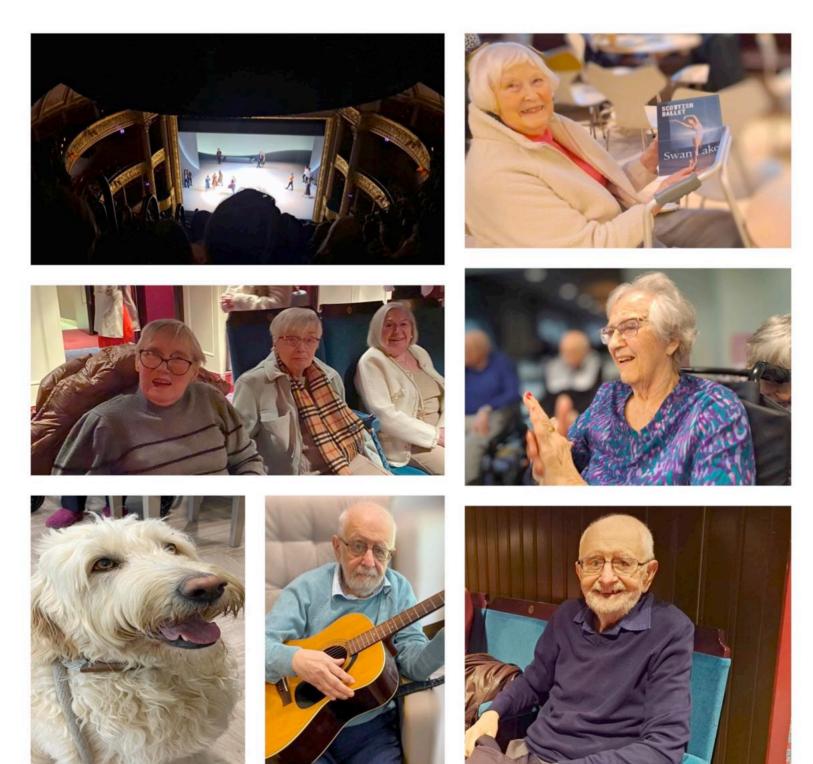
# **Recent Activities**

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Busy Times ...

Spring has sprung, and we are feeling invigorated! The burst of new life and colour in our home and garden has been a joy to watch. After indulging in plenty of Easter chocolate, we decided to get active and incorporate some healthy habits into our daily routine. We started with weekly yoga sessions, accompanied by lively music and movement, and even went to the ballet. Of course, we also welcomed our usual four-legged visitors, who always add a touch of excitement to our days.





Our ladies have been hard at work tending the garden, and their efforts have paid off. Our raised beds are overflowing with vibrant colours and lush greenery.



And when it comes to food, our kitchen has been producing the most delicious and nutritious meals. After all, the kitchen is the heart of any home, and we take pride in serving up the best.



# 100th Birthday

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Birthday Wishes

We have the most wonderful day celebrating our first centurion, Dot! We held a 1920s themed party with live music and the most delightful food and phenomenal costumes. The champagne flowed and the sun shone what a day to remember and with all the cards, flowers, and dignitaries. It certainly was a day to remember!



Click here to read more...



News & Updates

A Warm Welcome

We have been busy welcoming new residents into Argyle Suite on First Floor, and we have grown a wealth of knowledge within our staff team which continues to grow.

### **Upcoming Projects**

We have so many up-and-coming projects with the East Dunbartonshire collaborative team and we are facilitating dementia care studies.

### **Dates for Diary**

Residents' Forum will be held 15th May, 2.00pm Relative Forum June 19th, 3.00pm

# Keep In Touch

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Connect With Us

Make sure to check out the Boclair Care Home Facebook Page.

Don't Forget To 'Like' Us!

# Leave A Review



Your Thoughts Matter

We would be very grateful if you could spare a few minutes to write a review for us:

#### **Carehome.co.uk Reviews**

We have recently been upgraded on www.carehome.co.uk and now have a score of 10. We really appreciate any reviews of our service, many thanks.

**Google Reviews** 

Thank you for taking the time to review Boclair.

